

4. A method for displaying information from an information based computer system, said system having a means for displaying said information and a means for storing said information, said method comprising the steps of:

displaying a first data value in a cell;
receiving an instruction to display a first previous data value in said cell;
incrementing a data value depth counter; and
displaying said first previous data value in said cell.

5. The method of claim 4 further comprising the step of providing a user option to remove the display of said first previous data value.

6. The method of claim 4 further comprising the step of providing a user option to retrieve said first data value.

7. The method of claim 6 further comprising the steps of:

decrementing said data value depth counter; and
displaying said first data value.

8. The method of claim 4 further comprising the steps of:

determining if there is a second previous data value linked to said first previous data value; and
providing a user option to display said second previous data value.

9. A method for displaying information from an information based computer system, said system having a

means for displaying said information and a means for storing said information, said method comprising the steps of:

displaying a data value in a cell;
decrementing a data value depth counter;
receiving an instruction to display a first subsequent data value in said cell; and
displaying said first subsequent data value.

10. The method of claim 9 further comprising the step of providing a user option to remove the display of said first subsequent data value.

11. The method of claim 9 further comprising the step of providing a user option to display a first previous data value.

12. The method of claim 11 further comprising the steps of:

incrementing said data value depth counter; and
displaying said first previous data value.

13. The method of claim 9 further comprising the steps of:

determining if said data value depth counter is equal to a depth of said data value; and
providing a user option to display a second subsequent data value if said data value depth counter is not equal to a depth counter value for said data value.

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